

Fall 2025

Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
10am																	
11am			Adult Tap 3 11:00-12:00 Beth							Adult Tap 2 10:00-11:00 Beth					Adult Gentl Yoga 9:30-10:30am Brenna	Combo 1 9:30-10:30 3-5 Brittany	Adult Beg. Tap 9:30-10:30am Beth
12pm										Adult Tap 2/3 11:00-12:00 Brenna					Adult Beg. Ballet 10:30-11:15am 5-6 Brittany	Pre-Ballet 10:30-11:30am Nicole	Adult Tap 1 10:30-11:30am Beth
1pm																	
2pm																	
3pm																	
4pm		Combo 1 4:00-5:00pm 3-5 Courtney	Pre-Ballet 3:45-4:30pm 5-6 Sarah	Pre-Hop 3:45-4:30pm 5-6 Brittany	Adaptive 1 4:00-4:45pm Nicole				Ballet 1 4:00-5:00 7+ Natalia	Combo 1 4:00-5:00pm 3-5 Lauren	Boys' Tap 1 4:30-5:30pm 7+ Terrence						
5pm	Adaptive 2 5:00-6:00pm 11+ Nicole	Pre-Jazz 5:00-5:45pm 5-6 Courtney	Tap 3 5:00-6:00pm 11+ Brenna	Ballet 1 4:30-5:30pm 7+ Natalia	Hip Hop 1 4:30-5:30pm 7+ Brittany	Pre-Tap 4:30-5:15pm 5-6 Sarah	Adaptive 3 5:00-6:00pm 11+ Nicole	Tap 2 5:00-6:00pm 9+ Beth	Ballet 2 5:00-6:15pm 9+ Natalia	Jazz 1 5:00-6:00pm 7+ Lauren	Boys' Tap 2 5:30-6:30pm 9+ Terrence						
6pm	Adult Ballet 1 Ballet 6:00-7:00pm Nicole	Teen Contemporary 6:00-7:00pm 13+ Courtney		Ballet 2 5:30-6:45pm 9+ Natalia	Hip Hop 2 5:30-6:30pm 9+ Brittany	Tap 1 5:30-6:30pm 7+ Beth	Leaps, Turns, Progressions 6:00-6:45pm 10+ Brittany	Adult Tap 3 6:15-7:30pm 11+ Natalia	Ballet 3 6:15-7:30pm 9+ Natalia	Jazz 2 6:15-7:30pm 9+ Lauren	Boys' Tap 3 6:30-7:30pm 11+ Terrence						
7pm	Adult Ballet 2 7:00-8:00pm Nicole		Adult Beg. Tap 7:00-8:00pm Brenna	Touched by Cancer Yoga 6:45-7:45pm Laura	Hip Hop 3 6:30-7:30pm 11+ Brittany	Adult Tap 1 6:30-7:30pm Brenna	Pulse Dance Company** 6:45-8:15pm	Adult Tap 2 6:30-7:30pm Beth	Adult Tap 4 Traditions 7:30-8:30pm Brenna	Jazz 3 7:30-8:45pm 11+ Lauren	Boys' Tap 4 6:30-7:30pm 11+ Terrence						
8pm				Adult Lyrical 2 7:45-8:45pm Brittany	Adult Broadway Tap 1 7:30-8:30pm Beth	Adult Tap 2 7:30-8:30pm Brenna											
9pm																	

*Broadway Jazz Fall/Winter Dates: Oct. 18-Nov. 22

*Broadway Jazz Spring Dates: March 28-May 2

**See ABDC office if interested

